

NAME	POSITION/TITLE	
AGENCY NAME	STREET ADDRESS	
CITY/STATE/ZIP		
PHONE	FAX	E-MAIL

Confirmation letters will be sent via email whenever possible.

CE CREDITS

- Educator
 - School Counselor
 - Marriage & Family Therapist
 - MH Counselor/NBCC
- Reg. # _____
- Nurse
 - School Psychologist
- MA Reg. # _____
- Substance Abuse Counselor

Edward (Ned) Hallowell, MD

Edward (Ned) Hallowell, M.D., is a board-certified child and adult psychiatrist, a NY Times bestselling author, a world-renowned speaker and a leading authority in the field of ADHD. He was a faculty member at Harvard Medical School from 1983 to 2004, graduated from Harvard College and Tulane School of Medicine, and is the founder of The Hallowell Centers for Cognitive and Emotional Health in Boston MetroWest, New York City, San Francisco and Seattle.

He has authored twenty books on various psychological topics including the 1994 ground-breaking *New York Times* best-seller on ADHD, *Driven to Distraction*. His latest book was his memoir, *Because I Come From A Crazy Family, The Making Of A Psychiatrist*.

He is the host of "Distraction," a weekly podcast that offers insights, strategies and tactics for coping and thriving in this crazy-busy, 24/7 over-connected modern world.

Dr. Hallowell practices his trademark strength-based approach to treating ADHD and always comes across as genuine, humorous, transparent, and passionate whether he is working with clients in the Hallowell Centers or addressing a wide range of topics in his writings and public appearances. Learn more at www.drhallowell.com.



Kurn Hattin Homes for Children
 PO Box 127 · 708 Kurn Hattin Rd.
 Westminster, Vermont 05158
 (802) 722-3336
www.kurnhattin.org

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Kurn Hattin Homes for Children is a charitable, year-round residential school with 125 years of service to children in need. We serve boys and girls from families throughout the Northeast who are affected by tragedy and social or economic hardship.

Admission is based on a child's potential to benefit from a structured and supportive residential and educational program – not on the family's ability to pay.

Kurn Hattin Homes transforms the lives of children and their families forever.

Find the Right Difficult:

How to Make ADHD Work **For You** Not **Against You**



Twenty-eighth Annual Conference
 with Ned Hallowell, MD

FRIDAY, OCTOBER 25, 2019
 8:45 A.M. – 3:30 P.M.
 WESTMINSTER, VERMONT

Participants will learn to:

- view ADHD/VAST not as a disorder, but as a Trait.
- master the DMN, the Default Mode Network.
- adapt Dr. Hallowell's strength-based mode to treat ADHD/VAST.
- implement new and exciting methods of preventing as well as treating near-addiction, addiction, and the excessive use of electronic devices.
- understand the value of Vitamin Connect, the power of connection in its many different forms.

CE CREDITS

Educators – VT, NH, MA:

5 Professional Development Points
or 5 Credit Hours

Marriage and Family Therapists:

5 Credit Hours

MH Counselors: 5 Contact Hours

**CREDITS ACCEPTED BY
MAMHCA, VTMHCA,
NHMHCA, & CTMHCA**

School Counselors: 5 Credit Hours

Nurses: 6 Contact Hours

School Psychologists:

5 Credit Hours

Social Workers: 5 Credit Hours

Substance Abuse Counselors:

5 Credit Hours

The Program

Dr. Hallowell introduces you to the world of VAST - Variable Attention Stimulus Trait. VAST is his new name for an expanded version of ADHD and the title of his next book that he wrote with his partner, John Ratey, coming out in early 2020.

VAST is for people who may not fit the exact diagnostic criteria for ADHD but still can benefit from an understanding of what it is and from the various means of dealing with it that we've developed over the past several decades. Because Dr. Hallowell sees ADHD not as a disorder but as a trait, he feels it is important to describe it in language that does not pathologize the condition. While ADHD can certainly ruin a person's life, if it is taken care of properly it can turn a person's life into a life of greatness, a life of joy, and of major contribution to the world.

Dr. Hallowell introduces material he has not addressed before, including:

- the overlap of creativity and dark thoughts and how to control those by mastering the Default Mode Network.
- the exploding realm of ADHD/VAST and addiction and the new and exciting methods of prevention and treatment.
- the idea of VAST as the "lover, the lunatic, and the poet".
- a case example of treating a 7-year-old boy in China only by sending emails to his mother and using no medication.
- the story of Dav Pilkey, author of *Captain Underpants*.
- a wellness program the elements of which will surprise you.
- the supreme value of Vitamin Connect.

“It's such a pleasure to attend conferences on your campus. Speakers are the best in their field, the content is helpful and based on real world examples. We left with new tools and strategies that we can put into place first thing tomorrow morning, thank you!”

FRIDAY, OCTOBER 25, 2019

Schedule

8:45 Registration & Refreshments

9:15 Dr. Ned Hallowell

12:15 Lunch

1:30 Dr. Ned Hallowell

“This has been a perfect conference...the environment, your staff and the friendly details and decorations show the love of life, people, and especially children. The food and setting is always an expected pleasure that most professional development trainings don't provide and your presenters are always top notch!”

DIRECTIONS

From Exit 5 on Interstate 91:

Turn east. Then take the first right-hand turn. Kurn Hattin Homes is two miles ahead on the right.

From Route 12 in

New Hampshire:

Take Route 123 in Walpole across the Connecticut River into Vermont. Turn left onto Route 5. Go 1.5 miles. Then turn right on School Street. Turn left at the "T" and Kurn Hattin will be ahead on your right.

Register now by mailing the attached form or go online:

conference.kurnhattin.org

Enclosed is my \$135 registration fee (\$105 if before 9/27)

We are registering at the group rate (3 or more) of \$120 per person (\$105 if before 9/27 — must be from the same agency)
(All names and payments of those attending at the discounted rate must be included with this form.)

Check enclosed (made payable to New England Kurn Hattin Homes)

Charge my credit card number: _____

Visa MasterCard

Exp. Date _____ Total _____

American Express

Name on card _____

Billing address _____

All inquiries for the conference should be directed to Lindsay Owens in the Admissions Department at (802) 721-6913, or email lowens@kurnhattin.org. Refunds may be requested in writing up to two weeks prior to the conference. Substitute participants are welcome. Lunch and materials are provided.

FAX # (802) 722-3174 CONFERENCE.KURNHATTIN.ORG

EARLY REGISTRATION!

Register by September 27, 2019 at the discounted rate of \$105 per person.

FOR MAIL IN REGISTRATION RETURN FORM WITH PAYMENT BY OCTOBER 21 TO:

Kurn Hattin Fall Conference
Attn: Admissions Department
PO Box 127
Westminster, VT 05158