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AGENCY NAME		STREET ADDRESS
CITY/STATE/ZIP		
PHONE	FAX	E-MAIL

Confirmation letters will be sent via email whenever possible.

CE CREDITS

- ☐ Educator
- ☐ School Counselor
- ☐ Marriage & Family Therapist
- ☐ MH Counselor/NBCC

Reg. #

- ☐ School Psychologist

MA Reg. #

- ☐ Substance Abuse Counselor

Signe Whitson, LSW, C-SSWS

Signe Whitson is a licensed social worker and therapist with 25 years of experience working with children, teens, and families. She is the Chief Operating Officer of the LSCI Institute, an international training and certification program for turning problem situations into learning opportunities for young people with chronic patterns of self-defeating behavior. With experience in residential treatment centers, private practice, and school settings, Signe has a special interest in helping adults look beyond surface behaviors to discover—and meet—the underlying needs of children and adolescents. She is the author of seven books, including the recently released 2nd edition of *How to Be Angry: Strategies to Help Kids Express Anger Constructively*.

In addition to her work with the LSCI Institute, Signe is the Dean of Students at a K-8 school in northeastern Massachusetts and presents internationally to professionals, parents, and students on topics related to bullying prevention, digital citizenship, managing anger and anxiety, and parenting challenging children. Learn more at signewhitson.com

Kurn Hattin Homes for Children
PO Box 127 · 708 Kurn Hattin Rd.
Westminster, Vermont 05158
(802) 722-3336
www.kurnhattin.org

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New England Kurn Hattin Homes is a charitable, year-round residential school with more than 125 years of service to children in need. We serve boys and girls from throughout the Northeast whose families have been affected by social or economic hardship.

Admission is based on a child’s potential to benefit from a structured and supportive residential and educational program, and tuition is determined by a sliding scale. No child will ever be turned away due to financial limitations.

Kurn Hattin Homes transforms the lives of children and their families forever.

THE
ANGRY
SMILE:

Teaching Alternatives
to the Aggressive
Expression of Anger



Twenty-ninth
Annual Conference
— with —
Signe Whitson, LSW, C-SSWS

OCTOBER 20, 2023
8:45 am ~ 3:30 pm
WESTMINSTER, VT

Participants will learn to:

- 1. Identify four distinct anger expression styles
- 2. Use brain-based, trauma-informed, relationship-building strategies to give young people alternatives to the aggressive expression of anger
- 3. Identify typical passive-aggressive behaviors in children, teens and adults
- 4. Understand five distinct and increasingly pathological levels of passive-aggressive behavior
- 5. Learn specific skills for responding effectively to passive-aggressive behavior

CE CREDITS

Educators – VT, NH, MA:
5 Professional Development Points
or 5 Credit Hours

Marriage and Family Therapists:
5 Credit Hours

MH Counselors: 5 Contact Hours

**CREDITS ACCEPTED BY
MAMHCA, VTMHCA,
NHMHCA, & CTMHCA**

School Counselors: 5 Credit Hours

School Psychologists:
5 Credit Hours

Social Workers: 5 Credit Hours

Substance Abuse Counselors:
5 Credit Hours

THE ANGRY SMILE: Teaching Alternatives to the Aggressive Expression of Anger

Anger is a normal, natural response to frustrating situations and events. Feeling angry is one of life’s most common experiences. Despite its universality, so many of our young people struggle to cope with anger and so few know how to express it in constructive ways. In this training, participants will learn how to help kids understand what is going on in their brain and body during periods of anger and how to be angry effectively—using assertive behaviors to manage real-life situations. Participants will also take a deep dive into the phenomena of passive aggressive behavior, gaining insight into *why* people choose this form of anger expression, *how* this style operates at five distinct levels, and *what* participants can do to respond effectively to the passive aggressive person in their life.

“It's such a pleasure to attend conferences on your campus. Speakers are the best in their field, the content is helpful and based on real world examples. We left with new tools and strategies that we can put into place first thing tomorrow morning, thank you!”

FRIDAY, OCTOBER 20, 2023

Schedule

- 8:45** Registration & Refreshments
- 9:15** Signe Whitson, LSW, C-SSWS
- 12:15** Lunch
- 1:30** Signe Whitson, LSW, C-SSWS

“This has been a perfect conference...the environment, your staff and the friendly details and decorations show the love of life, people, and especially children. The food and setting is always an expected pleasure that most professional development trainings don't provide and your presenters are always top notch!”

DIRECTIONS

From Exit 5 on Interstate 91:
Turn east. Then take the first right-hand turn. Kurn Hattin Homes is two miles ahead on the right.

From Route 12 in New Hampshire:
Take Route 123 in Walpole across the Connecticut River into Vermont. Turn left onto Route 5. Go 1.5 miles. Then turn right on School Street. Turn left at the “T” and Kurn Hattin will be ahead on your right.

Register now by mailing the attached form or go online:

conference.kurnhattin.org

☐ Enclosed is my \$135 registration fee (\$105 if before 10/1)

☐ We are registering at the group rate (3 or more) of \$120 per person (\$105 if before 10/1 — must be from the same agency)
(All names and payments of those attending at the discounted rate must be included with this form.)

☐ Check enclosed (made payable to New England Kurn Hattin Homes)

☐ Charge my credit card number: _____

☐ Visa ☐ MasterCard

☐ American Express

Exp. Date

Total

Name on card

Billing address

All inquiries for the conference should be directed to Terry Andrews in the Admissions Department at (802) 721-6913, or email tandrews@kurnhattin.org. Refunds may be requested in writing up to two weeks prior to the conference. Substitute participants are welcome. Lunch and materials are provided.

FAX # (802) 722-3174 CONFERENCE.KURNHATTIN.ORG

EARLY REGISTRATION!

Register by October 1, 2023
at the discounted rate of
\$105 per person.

FOR MAIL IN REGISTRATION RETURN FORM WITH PAYMENT BY OCTOBER 15 TO:

Kurn Hattin Fall Conference
Attn: Admissions Department
PO Box 127
Westminster, VT 05158